

PATRICIA M. BIDGOOD

Kitchener Spectrum Centre, 900 Guelph St, Suite 213, Kitchener, Ontario N2H 5Z6 519 716-3093

Education:

Master of Social Work. Wilfrid Laurier University, Waterloo, Ontario (1990).
Area of Concentration: Clinical Social Work.

Bachelor of Arts. University of Western Ontario, London, Ontario (1980).
Major: Honors Sociology.

Professional Education and Training (Mediation):

Family Arbitration. Dr Richard Shields, November 2011

Law for Non Lawyers, Conrad Grebel College, University of Waterloo, January 2008

Parenting Coordination, Dr. Barbara Fidler/Linda Chodis, January 2008

Family Mediation, Conrad Grebel College, University of Waterloo, March, 2006

Domestic Violence Screening, Conrad Grebel College, University of Waterloo, March, 2006

Restorative Justice Circles Facilitation, Community Justice Initiatives, September 2007

Transformational Mediation, Conrad Grebel College, University of Waterloo, March, 2007

Alternative Dispute Resolution, Conrad Grebel College, University of Waterloo, March, 2006

Professional Education and Training (Clinical):

Threat Risk Assessment Level 1&ll Canadian Centre for Assessment and Trauma Response,
2010, 2011, 2012

Advanced Crisis Response Training, NOVA, November, 2006, 2010

Crisis Response Training, NOVA, 2001

Professional Associations:

Member of Ontario College of Social Workers and Social Services Workers

Member of Ontario Association of Social Workers

Member of Ontario Association of Family Mediation

Member of Alternative Dispute Resolution Institute of Ontario

Employment History:

Family Mediator, Individual and Family Therapist, Private Practice (1994-present)

Areas of responsibility:

Mediation and Divorce related services:

- family, community, workplace mediation;
- parenting coordination for high conflict parents;
- domestic violence screening;
- divorce coaching;
- child/youth parenting coaching;
- parenting capacity assessments.

Clinical Counseling:

- individual counseling: work and lifestyle stress; depression and anxiety; trauma recovery; coping with life transitions; critical incident/trauma debriefing;
- couples and family therapy: parenting coaching, parent/teen conflict; marital/couple issues, separation/divorce, family violence;

Social Work Consultant, Waterloo Catholic District School Board, Kitchener, Ontario (1998-present)

Areas of responsibility:

- parent/school mediation;
- conflict mediation/restorative justice circles with students
- crisis intervention;
- clinical consultation to school teachers, principals and administration;
- liaison with community agencies;
- administrative committee membership;
- consultation and supervision of interns;
- development of administrative policies and procedures;
- professional development to teaching and board personnel in areas of mental health, restorative justice, mediation.

Co-coordinator and Instructor, Inspiring Persephone, Community Education Team for the Prevention of Violence Against Women, Wilfrid Laurier University, Waterloo, Ontario (1995-1998)

Areas of responsibility:

- group facilitator for adolescent women's psycho-educational groups;
- program development and co-ordination of a 10 month training program for social service professionals.

Treatment Team Co-coordinator, Lutherwood, Kitchener, Ontario (1990 - 1998).

Areas of responsibility:

- team co-ordination and facilitation;
- individual and family therapy;
- clinical consultation to and liaison with community agencies;
- program development & implementation;
- administrative committee membership;
- facilitate groups: Social Skills, Anger Management, Children of Separation and Divorce; Child Witnesses of Family Violence, Parenting Children and Teens Parents of Adolescent Sex Offenders;
- Supervision of Masters of Social Work interns;
- Staff training professional development.

Parenting Coach, KW Counselling, Kitchener, Ontario (1989-95).

Research Assistant, Centre for Social Welfare Studies, Wilfrid Laurier University, Waterloo, Ontario (1989-1990).

Social Worker, Grand River Hospital, Kitchener, Ontario (Internship: Sept.-Dec., 1989).

Social Worker, K-W Counseling, Kitchener, Ontario (Internship: Jan.-June, 1989).

Employment Counselor, Lutherwood Employment Counseling, Kitchener, Ontario (1986-88).

Classroom and Residential Youth Care Worker, Niagara Centre for Youth (1982-1985).

Seminar Leader, Developmental Psychology, Brock University, St. Catharines, Ontario (1985).

Publications:

Tutty, Bidgood, Rothery, and Bidgood (2001), An Evaluation of Men's Batterer Treatment Groups. Research on Social Work Practice. 11, 645-670.

Tutty, Bidgood, Rothery, and Bidgood (1999). Increasing the validity of men's self reports on abuser treatment: utilizing Saunderson's method to adjust for social desirability. Conference Proceedings: 6th International Family Violence Research Conference University of New Hampshire. Durham: New Hampshire.

Bidgood, P., Brunk, T., Gould, J., Meadows, K., Sivak, H., Telford, W., Walsh-Bowers R. (June 13, 1997). *Community Based Interventions and the Prevention of Violence Against Women: An Interactive Workshop. Conference Proceedings: Canadian Psychological Association, Annual Convention*, Toronto, Ontario.

Community Involvement:

Mediator, Community Justice Initiatives. Kitchener, Ontario. (March 2007-present)

Member, Waterloo Regional Emergency Response Team, Waterloo, Ontario.(2005-present)

Member, Divisional Council, Faculty of Social Work, Wilfrid Laurier University (2007-2009)

Organizer, Fundraiser, and participant, Ride to Conquer Cancer, (December-June, 2009)

Member, Waterloo Suicide Prevention Council, Waterloo, Ontario. (2002-2004)

Member, Board of Directors, Haven House, Women's Transitional House (1999-2002),
Cambridge, Ontario.

Member, Forest Hill Public School Parents Counsel (1996-1997). Kitchener, Ontario.

Member, Community Education Committee to Prevent Oppression & Violence Against Women
& Children. (1994-1998). Waterloo, Ontario.

Member, Community Advisory Committee to K-W Hospital Outpatient Services. (1990-1993).
Kitchener, Ontario.

Member, Lutherwood Youth Employment Counseling Community Advisory Committee,
Kitchener, Ontario (1988-1990).

Languages Spoken:

- English

