

# Curriculum Vitae

---

**Mary L. Trottier** B.A., M.A. Ed., Cert. EM, AccFM, QMed.

55 King Street West, 7th Floor

Kitchener, ON, N2G 4W1

Phone: 519.772.7673

Mobile: 519.580.8984

mary@mltrottiermediation.com

## Education

### **M.A.Ed., Adult Education and Training**

University of Phoenix

### **B.A., Social Sciences**

Major: Psychology/Development

University of Windsor

## Mediation/Conflict Resolution Certifications

Cert. EM (Certified Elder Mediator-FMC)

QMed.(Qualified Mediator-ADR)

AccFM (Accredited Family Mediator-OAFM)

## Professional Experience

### **Current**

MIP Presenter, Family mediator

### **Axis Family Mediation Inc.**

Hamilton, ON

*Responsibilities: Roster family mediator for on-site and off-site mediations.*

### **April 2014 - Present**

Owner

### **ML Trottier Mediation**

Kitchener, ON

*Responsibilities: Elder Mediation and Family Mediation service. Conflict resolution. Helping couples preserve relationships with each other and their children as they address separation and divorces issues. Helping families find peace of mind as they address age-related issues. Community seminars: Active Aging, Power of Attorney.*

### **April 2014 - February 2015**

Family Mediation Internship (350+ hrs.)

### **Fairway Divorce Solutions**

Kitchener, ON

*Responsibilities: Dispute resolution, Conflict coaching, Parenting Plans, Financial division, Separation Agreements (non-binding), Resolution Plans. Client seminars: Nurtured Children, What is the Law?.*

**Professional Experience (cont.)**

**March 2013 - Present** Lead Mediator

**Community Justice Initiatives (CJI)**

Elder Mediation Program, Family Mediation Program  
Kitchener, ON

*Responsibilities: Provide no cost conflict resolution services to couples, older adults and their families. Referrals may be self-referred or come in from social service agencies and/or Waterloo Region Police Department*

**Jan. 2010 - April 2014** Professor

**Conestoga College Institute of Technology and Advanced Learning**

Early Childhood Education (ECE) Department  
Kitchener, ON

*Responsibilities: Sessional Professor, Part-Time Faculty and Field Placement Supervisor.*

**Jan. 2013 - Present** Instructor & Trainer

**Strong Start Program - Get Ready for School Reading Program (3-4 year olds)**  
**Strong Start Program - Letters, Sounds & Words Reading Program (5-8 year olds)**

Kitchener, ON

*Responsibilities: Provide early literacy instruction and/or staff training.*

**Sept. 2013 - Present** Volunteer, H.E.L.P. (Hospital Elder Life Program)

**St. Mary's Hospital**

Kitchener, ON

*Responsibilities: Provide conversations, gentle support, company to older adult patients in the hopes of reducing the stress and anxiety they may be feeling with their hospital stay.*

**Jan. 2002 - Dec. 2010** Early Literacy Specialist

**Ontario Early Years Program (K-W YMCA)**

Region of Waterloo, ON

*Responsibilities: Strengthen, support and promote early literacy and language development in young children within the Region of Waterloo. Parenting and Child Development workshop series developer and facilitator.*

**Sept. 1997 - Jan. 2002** Information Services Coordinator, Adult Education

KidsLINK— Preschool Support Services

Kitchener, ON

*Responsibilities: Develop a child care informational resource and materials lending program. Create marketing materials, provide community presentations introducing the new program. Design and create an online childcare website with full interactive search capabilities for parents seeking childcare programs. Facilitate numerous child/parent behavioural/social/emotional workshops and courses, for community stakeholders and parents.*

**Family Mediation Training and Courses:**

• Fundamentals of Mediation	40 hrs.	2013
• Transformative Mediation	28 hrs.	2013
• Transformational Communication Intervention Strategies for High Conflict Behaviours	2 hrs.	2013
• Custody and Access, Mental Health & Other Issues	2 hrs.	2013
• Domestic Abuse Training	14 hrs.	2014
• Family Law	30 hrs.	2014
• Family Negotiation and Mediation	40 hrs.	2014
• Mediating Child Support	6 hrs.	2014
• Conflict Resolution and Basic Mediation	8 hrs.	2013
• Elder Law	8 hrs.	2014
• Circle Training	21 hrs.	2014
• What is the Law? Family Law Legislation	6 hrs.	2014
• Spousal Support - Am I Eligible?	2 hrs.	2014
• Elder Mediation Specialty- Component 1	21 hrs.	2013
• Elder Mediation Specialty- Component 2	21 hrs.	2013
• Elder Mediation Specialty- Component 3	22 hrs.	2013
• Elder Mediation Specialty- Component 4	21 hrs.	2013
• Elder Mediation Specialty - Component 5	21 hrs.	2014
• Empowering Seniors/Elder Abuse	8 hrs.	2013
• Seniors and Sexuality Training	3 hrs.	2014
• Elder Life Hospital Program Training	12 hrs.	2013
• Befriending Death at the Bedside	2 hrs.	2013
• WHO's Active Aging Policy Framework	2 hrs.	2013
• Exploring Sexual Orientation & Gender Identity	3.5 hrs.	2014
• Practical Ethics for Working Mediators	7 hrs.	2013
• Serv-Ability/May I Help You?	1 hr.	2014
• IASR General Requirements Training	1 hr.	2014
• Human Rights Training	1 hr.	2014
• IASR Communication and Information training	1 hr.	2014
• Mediation Information Program	3 hrs.	2015
• Making Mediation Your Day Job	8 hrs.	2013

## Professional Memberships/Associations

FMC Member (Family Mediation Canada)

- FMC Professional Development committee member
- FMC Elder Mediation Training Standards Review committee
- EMIN-Elder Mediation International Network 2014 World Summit Planning committee

OAFM Member (Ontario Association for Family Mediation)

ADRIO Member (ADR Institute of Ontario, Inc.)

CJI-Community Justice Initiatives, Community Mediation Program

- Elder Mediation program Lead Mediator
- Elder Community Connection Event committee

Kitchener-Waterloo Chamber of Commerce

MAACKS (Mayor's Advisory Council of Kitchener Seniors -3 year term)

GIG of Waterloo Region (Gerontology Interest Group) member

EMIN (Elder Mediation International Network) member

SHARP (Seniors Helping As Research Partners-University of Waterloo)-focus group

SERC (Sheridan Elder Research Centre) - Sheridan College

NICE (National Initiative for the Care of the Elderly)

## Further Background/Experience

- Internship (350+ hrs.) field training in issues of separation/divorce and family dynamics
- CJI Family Mediation program – on call mediator
- Past work with intergenerational program design (childcare centre & senior retirement complex)
- Instructor at Conestoga College (i.e. Family Life, Inclusions, Advocacy & Bias-Free Practice and other)
- 25+ years as a presenter/trainer/instructor to adults, staff teams, stakeholder groups, professional organizations in educational, early learning, older adult sectors
- Provide “Active Aging”, “Power of Attorney” and “Conflict Resolution” older adult seminars
- Trainer for the “Empowering Seniors” program (Mosaic Counseling/WWCCAC), a 6 week program.
- Volunteer with the H.E.L.P. (Hospital Elder Life Program) at St. Mary's Hospital, Kitchener, ON
- Community planning table participation (various initiatives over many years)
- Extensive experience working with senior's supportive housing facilities, neighborhood and community centre programs, and schools throughout the Region of Waterloo

## Interests and Activities

Married 37 years. Three adult daughters. Three grandchildren. Live Kitchener, ON. Life long learner. Active living and adult learning advocate. Read extensively, enjoy NCAA sports, brain development theory, and travel.